



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 www.cedarhursthome.ca	Welcome to April Spring Word Search Tai Chi April Fool's Day Bingo Hungry Hungry Cups Stretch & Flex Have a Laugh or Two <small>All Fools' Day</small>	1 Table Topics One Minute Fitness Time Picture Puzzle Game Bowling Gentle Stretches Table Games	2 Breakfast Club Missing Double Letters Fun & Fit Balloon Batting Travelogue: Philippines Power Moves World Party Day	3 Thursday Chronicles Find the Hidden Objects Movement to Music World's Biggest Library Reading Club Total Fitness Checkers	4 Highlights Word Ladder Total Fitness All About: Pink Moon Crafts Corner Movement to Music UNO	5 Saturday News Riddle me This Stretch & Flex Mini Golf Trails Around the World Exercise Club Dominoes
7 Morning Catchups Revealing the Secret Sunday Fitness Place the Face Air Hockey Ball Toss Table Games	8 Coffee & Chat Cranium Crunches Tai Chi Basketball Shootout Total Solar Eclipse Afternoon Fitness Riddle Me This!	9 This Day in History This or That! Fitness Aerobics Zoo Lover's Day Seated Movements Ping Pong	10 News & Views Chocolate Word Search Strength & Stretch Table Games National Golfer's Day – Golf Tournament Fun & Fit Dominoes	11 Breakfast Club Fun Riddles Sit & Fit All About: Diamonds Lucky Roll Total Fitness Snakes & Ladders	12 Greetings! Words Starting Rise & Shine Stretch Photography Club Spider Web Watercolor Art Fun & Fitness Bocce Ball	13 Weekend News Matching Game Dance Fitness Stargazing: Doris Day Balloon Volleyball Gentle Stretchers Sing Along
14 Morning Greetings Ageless Spirit Move & Groove Shuffleboard Afternoon Stretch Karaoke	15 Monday Catchups Scattergories Tai Chi Basketball Pong Stretch & Flex Birthday Celebration	16 News & Views Odd Word Out Let's Get Moving Board Games All About: Titanic Strength & Flex Lucky Roll	17 Coffee & Chatter Urban Myths Exercise Class Travelogue: Thailand Yoga Stretches What Comes Next?	18 Hello Thursday Target Letter Game Morning Fitness Yarn Art Air Hockey Move & Groove Table Games	19 Good Mornings You Be the Judge Chair Yoga Balloon Batting Wine & Cheese Social Meditate & Stretch Dean Martin Concert	20 Table Topics Category Morning Fitness History of Circus Ping Pong Toss Fitness Class Card Games
21 Breakfast Club Rise & Shine Detective Let's Get Moving Reading Club Craft Ball toss Ladder Ball	22 Morning Mingle Board Games Tai Chi Shuffleboard Mystery Monday Power Moves All About: Passover <small>Passover Begins Earth Day</small>	23 Greetings Words in Words Gentle Stretches All About Earth Day Crafts Corner Grooving & Moving Earth Bowling	24 This Day in History Wordle Love to Move Armchair Travel: Italy Birthday Celebration <small>Administrative Professionals Day</small>	25 In the News Spring Trivia Total Movement Artist Corner Painting Stretch & Flex Table Hockey	26 Friday Chronicles What's the Word Exercise Roller Ball In the Kitchen Basketball Shootout Patio Social <small>Arbor Day</small>	27 Rise & Shine Opposites Word Game Let's Get Fit! What am I? Bowling Birthday Celebration
28 Headline News Roll it, Play it! Dance Fitness Basketball Tournament Fun & Fit Snakes & Ladders	29 Rise & Shine Chat Categories Tai Chi Bingo Air Hockey Afternoon Fitness Have A Laugh or Two	30 Tuesday Chronicles Junk Yard Detective Patio Fitness Biography: Adolphe Sax Power Moves International Jazz Day				

Timing and length of the activities may change as they are driven by residents' interest and engagement. *Individual visits also occur.